

PROJECTS 4 CHANGE



Annual Report 2022

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Foreword

I met Kelly in 2021 as I was setting up my charity, Blue Spirit. I had been reaching out to groups of young people who might benefit from the sailing voyages I wanted to offer to young people here in the North East.

From that first meeting, I was struck by Kelly's passion for the work she does and for finding opportunities for her young people that would broaden their horizons and widen their worlds. As we were still facing the many restrictions of the tail end of the COVID period, we met on Zoom, but even over the ether and through a computer screen, this passion shone through brightly.

Since then, I have had the privilege of meeting Kelly in person and beginning to work with her towards our shared vision of helping young people overcome the barriers that are in the way to meeting their full potential.

The young people at Projects4Change have not been well served by circumstance nor by successive governments' neglect of youth

services. The same cannot be said of how they have been served by this project at the heart of their community. The project is a community in itself, a family even, and I have been humbled to learn about the stories of transformation that belong to so many of its young members. Having visited Betty's Hut, I admire everything that Kelly, her staff, volunteers and young people have done there. It is a place full of colour, hope, growth, creativity, joy and love.

Thank you, Kelly, and thank you Projects4Change for allowing me to be a small part of your journey. It is truly inspirational, as I think this report shows.

Solen Lees
Chair of Trustees of Blue Spirit



Charity Details

Name: Projects4Change

Registered Charity Number: 1181162

Registered Address: The Cowgate Centre,
Houghton Avenue, Newcastle upon Tyne,
NE5 3UT

Management Committee:

Chesley Conlin - Chairperson
Syeda Ahmed - Vice Chairperson
Amy Coates - Secretary
Tahir Rashid - Treasurer
Helen Hall - Trustee
Linda Hobson - Trustee
Simon Pinkney - Trustee

Changes to Management Committee:

4 new Trustees, including new Chairperson, Vice Chairperson and Treasurer. 4 Trustees resigned.

P4C Team:

Kelly Coates - CEO
Tim - Youth Work Co-Ordinator/Counsellor
Adele - Senior Youth Worker
Shannon - Youth Worker
Elisha - Trainee Youth Worker
Chantelle - Youth Support Worker
Les - Youth Support Worker

Structure, Governance and Management:

Projects4Change is a registered CIO within the UK Charity Commission. The organisation is managed by Kelly Coates, CEO and governed by the Management Committee through regular Committee meetings. We have a strong pool of youth workers within the region who work on our projects and funding bids under supervision and management of the CEO.

All major decisions are made via committee vote and approved and documented in committee meeting minutes which are signed off by the Chair of the Management Committee.

Recruitment of new Trustees takes place through local advertising, word of mouth and advertising on Charity forums. Trustees are appointed in quorate Committee meetings and documented in meeting minutes.

Public Benefit Statement:

Charity Trustees have complied with their duties to have due regard to the guidance on public benefit published by the commission in exercising their powers and duties.

A note from our CEO



Oh, how the sun shone on us this year! The fruit and vegetables were huge and tasty, **and the young people grew, too**, like always. They grew not only upwards but also **in their relationships with staff and in their happiness and health.**

This year, we crammed a lot in, undertaking **5 residencies, one sailing trip, a jubilee festival**, and **one Mental Health Day**, and we started **one new counselling service** (counselling In Nature, more about that later). We held **six days of environmental activity** for the whole community, **27 full days of school support, one youth worker turned 21**, three new babies arrived, **12 days of Christmas gifts, one large wood carving, one trip to the vet's for Snow, Allotment Days with trays of chips, 15 willow hearts,**

several giant sunflowers bigger than Tim, and **artichokes too pretty to eat. 30 hand-painted bags to sell, one exhibition of protest art from ex-Change Maker Anna, one trip to Berlin and one trip to London for Zoe, twice monthly Trans and Non-binary meet-ups, one qualified Youth worker Shannon, new opportunities for Les at UKYOUTH, one gender-based violence project, golfing, carting, footy, eating, pinhole photography, 1 to 1s, sunshine, good times** and one big tricky bit that made us so much stronger.

Perhaps in some ways, we have pressed forward too much and not given ourselves the chance **to stop and reflect**. With the cost-of-living crisis encroaching upon our work, we are entering a **dangerous time for communities**, and we know that it has already started to **push families and young people into crisis**, with difficult decisions being made daily.

However, **our impact in numbers** shows that we have been strong and **we are getting stronger.**

Impact total: 336 people in 12 months, 237 young people, 30-33 sessions per month

Thank you, 2022, for all of this and so much more!

Working with integrity

"I have worked closely with Projects 4 Change to develop youth provision locally. We have been able to base members of their team within a secondary school where they have supported young people directly; run youth led groups and formed a bridge to community-based activities.

"For example, this in-depth work with the school led to us jointly establishing a non-binary safe

space in our community hub as young people were saying that is what they needed.

"I think Projects 4 Change have a distinct way of working that means they are able to engage well with marginalised communities and develop projects from the ground up. I believe they work with integrity which makes them a well trusted organisation locally."

Caroline Herbert, Children's Services Manager, Action for Children (current commissioner for Youth at Kenton work)



A Note from our Trustees



Linda Hobson (second from left) with fellow Trustees and friends

As a trustee of our charity, it is with **great pride and excitement** that I can contribute to this year's annual report. Reflecting on the past year and my first year as a trustee, I can confidently say that we have witnessed **remarkable progress and transformation**. Watching our charity grow **stronger and more impactful** has been an incredibly rewarding experience, and I am **honoured to be a part of this incredible journey**.

First and foremost, I would like to extend my heartfelt gratitude to our **dedicated team, volunteers, and supporters**. Your **unwavering commitment and hard work** have driven our achievements and **made a real difference** in the lives of young people in our community. A huge **'well done'** to everyone involved for your contributions; we have **accomplished so much together**.

As we **celebrate our successes**, we are also reminded of the ongoing challenges faced by young people today. Our focus remains steadfast on **addressing these challenges**, listening to the voices of the youth we serve, and adapting our programs to meet their evolving needs. We are **excited about the possibilities** that lie ahead and the new initiatives we plan to implement in the coming year.

Thank you for your continued support and belief in our mission. **Together, we are creating lasting change**, and I look forward to what we can **achieve in the future**.

Linda Hobson, Trustee of Projects4Change

Objectives

To relieve the needs of young people for the public benefit through:

- The provision of support and activities which develop young people's skills, capacities and capabilities to enable them to participate in society as responsible individuals.
- The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve young people's conditions of life.
- Providing more youth work places for young people through developing projects in partnership and providing direct delivery support to youth organisations.

Introduction

Projects4Change (P4C) works predominantly with young people ages 11-18 in Cowgate and the surrounding areas of Newcastle-upon-Tyne. Many of the young people are living in poverty and are facing significant barriers to a happy and stable life. The local community has a higher-than-average number of young people and a larger number of single parent families. This means the poverty experienced on the estate particularly affects the lives of children and young people.

Working together with young people, we have created fantastic opportunities for their development and responded pro-actively to the challenges of 2022-23. You can read all about them in this report. (Or some of them at least: we did so much, it is hard to fit them all in!)

A Year in Projects

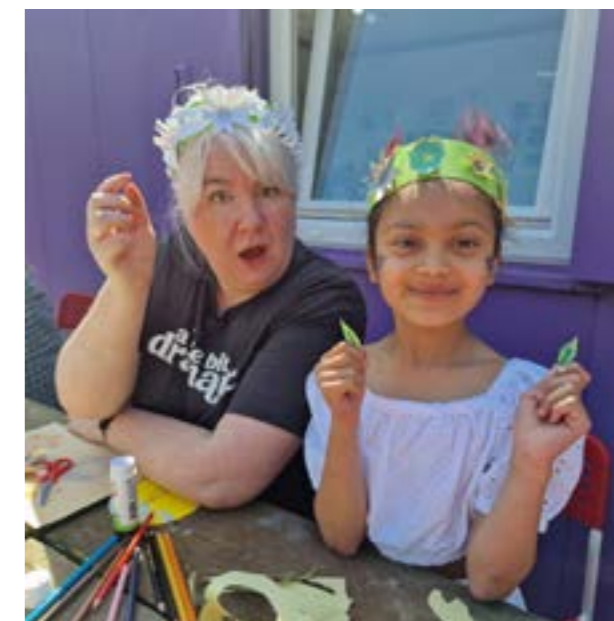
Achievements, Activities and Progress

We emerged from the cloud of COVID in 2021 with a flurry of activity. We set about building on our fantastic summer by responding to the needs of isolated young people unattached to a group through our twice-weekly Open Access sessions at Betty's Hut funded by LGA. These sessions have become an important point of contact for feeding, checking in and providing support to young people.

Two new commissions were started – one in January (bi-weekly trans + non-binary support) and in June, The Haven forest school weekly sessions in Kenton. Three popular projects were refunded by Newcastle Youth Fund and COP 26. These were: Youth at Kenton (YAK), Change Maker Volunteers and the Crafty Cowgate ('crafty solutions to environmental problems') project. Our commissioned work from Action4Children (YAK) fits perfectly with our aims and allows us to meet local young people with pressing needs in school and then then integrate them into the project.

We have weaved partnerships with Monkfish Productions, The Unfolding Theatre and New Writing North through our sessions to help young people get creative about what's important to them, putting our young people in the driving seat.

"I now feel more comfortable around different people, I have made more friends, and I have met new people who only live around the corner from me, two of them are from Poland." Owen, aged 15.



Betty's Hut and Garden

We have developed the site, and it is looking great, with a new wood carving fundraised by the mam's group as their 'last project before being too old', made possible by the Key. Now we have a new decking area that serves as a multi-use space for games and activities.

Our activities this year have included:

- 5 residentials - including a sailing trip
- Change Maker Volunteer – Youth-Led Jubilee festival
- Spook night and two Christmas parties
- Easter and half-term holiday programmes.

Read on for more detail on some of our programmes...



Throughout the year, we have worked with willow weavers and independent artists, sewing, upcycling, making reusable shopper bags to sell, as well as bunting, strawberry planters, floor cushions and more. Working together with young people, we have created fantastic opportunities for their development and responded as best we can to local needs.

Work with Girls

Our work with girls built a relationship with Northumberland Estates (NE); and a creative consultation with Digital Voice led to highlighting the environment and linking in with NE to tackle litter. This led to a visit to Alnwick Castle and the donation of a wooden arch for Betty's Hut. The girls' group created reusable tote bags to sell to raise money for their school prom and continues to develop projects around mental health and personal safety.

Work with Boys

Working with our local boy's group brings with it a whole host of misunderstandings and the glare of local politics as some locals have been hesitant to see the value in small group work with these boys, but despite the controversies around the work we have had some fantastic successes.



After the order was spent, we integrated them back into the group. Integration lasted 2 months before we had to pull them out of the open access sessions again. This work alone is important – it is how we demonstrate that we are flexible in meeting young people's needs. It shows young people that they will not be discarded if they don't fit what we offer, but that they are worth the extra effort; and it reinforces the notion that there is a way back through building connections and improving communication.

"I'm buzzing that I swam 25m. Before I started I couldn't even swim, I've also settled down a lot." Harvey, 14.



We regularly have had to pull the boys out of our open access sessions to focus on their needs because of their behaviour and to allow other young people respite. This small group work, one-to-one and two-to-one is expensive per head, but it is needed to support the young people to get back on track and keep working with us when things go wrong. Two of the boys were banned from Cowgate in early 2022 because of court orders. We worked with them two-to-one while they couldn't attend, deciding to strengthen our connection with them through swimming. In six weeks both young people learned to swim 25m front crawl.

One-to-One Work

We are working with four people in one-to-one sessions, including a recent Chinese immigrant, a vulnerable pregnant young woman, a boy whose parent has terminal cancer and a 15-year-old victim of abuse awaiting a legal case.

Change Maker Volunteers

Ten Change Makers attended our Broomley Grange residential. Elisha, an original Change Maker who is now a youth work student and our part-time worker, led the session.

Our Change Maker Volunteer Programme is currently on its third intake and ensures the co-creation of our work. It trains young volunteers aged 14- 18 to consult with their peers, highlighting the needs and barriers of local young

people via youth work methods. Themes are then agreed upon and used to inform our practice and our action on broader national and regional issues.

At Broomley Grange, we led a workshop exploring young people's needs, spurring in-depth talks about mental health. Young people expressed wanting to hold an event to make a safe space to talk about mental health later in the year. They spoke about how young people are only offered talking therapies and how it doesn't work for some young people; they disliked the limited choices available for young people. Speaking from experience, they said that counselling with a stranger often felt uncomfortable. They said: "why don't you have different interventions for young people like animal therapy, being outdoors, music therapy, growing, forest school, walking, art therapy, exercise with a known trusted adult? Perhaps it could include volunteering and helping others."

The group agreed that assisting others also had the knock-on effect of making you feel good about yourself and

that this was valuable when you feel disconnected and low. We pointed out that they were talking about social prescribing, a known intervention for adults around mental health but not, to our knowledge, currently used with young people.

This conversation started our Counselling in Nature programme, which includes one-to-one counselling in nature as well as small group work sessions. Our counsellor, Tim, is also around and available to young people through our youth work sessions.



Youth At Kenton

Since 2021, Projects4Change has been commissioned by Action for Children to run a programme at Kenton High School.

Youth at Kenton (Yak) was born post-pandemic to provide an extra layer of support for young people in the aftermath of COVID. The purpose was to address young people's school-related and wider needs and provide a safe space to talk.

We work with around 50 young people per term, and around 150 per year. Those participating are selected by their teachers, enabling us to reach the young people that are struggling the most, although engagement is voluntary. We are fortunate to be strongly supported by the school's pastoral leads.

Sessions take place twice a week during term time, but young people are also welcome to join Projects4Change outside of school time, and there has been significant engagement in our activities, both after school during term-time and in the school holidays.

Since beginning this work at Kenton High School, Kelly has observed that youth work is an effective method of supporting young people's wellbeing, particularly their emotional and mental health. Until they came across her and Projects4Change, the vast majority of the young people had not been involved in youth work initiatives. It is therefore not surprising that teachers and pastoral leads are inundated with young people who are not coping and consequently acting out.

During group and one-to-one sessions, themes of importance to the young people are identified by them and with them. These have included: vapes, drugs & alcohol and their impact on adolescent brain development,



addiction, impulse control, mental health, risk-taking, sex and relationships including consent, male role models and empathy- building.

Term time after-school engagement has included the forming of a 'Guardians of the Garden' group which has helped to work the land at Betty's Hut and Garden, cutting down willow, building pallet furniture, cooking their own food on the fire pit and making tyre planters. Other activities, supported by Action4Youth, have included kayaking and forest wildness day.



Gender-Based Violence Booklet

This group of young people first bonded together through our Youth At Kenton project and our work with the Poet Tamina Ali on trauma. Together with Newcastle City Council Arts Team and the White Ribbon Appeal the young people were again looking to work with a writer to further support them to express their experiences and views on teenage relationships and gender-based violence. These young people shortlisted, then interviewed and hired artist Amelia Loulli over the course of 18 months, and two residential later, the group wrote, created artwork and staged photography with Damien Wooten to produce the most beautiful and informative booklet around gender-based violence.

They staged a lunch party funded by The Key with 50+ young people in attendance. Young people and staff read out the poems, with the help of artists Amelia Loulli, Tamina Ali and Pui Lee, and the group worked to explore the themes within the booklet.



Sailing with Blue Spirit

This year we started a partnership with Blue Spirit.

Blue Spirit supports young people up to the age of 25 who are experiencing a mental health challenge or facing social / economic disadvantage. The charity was established in memory of Laury who succumbed to his severe mental health problems aged 21, although he was always happiest on the water. In the last couple of years of his life, sailing was one of the only things that gave him peace of mind.

Blue Spirit enables young people to experience the benefits of sailing by matching young people to an experience appropriate for them and funding the majority of the costs

Our young people were among the first to experience a Blue Spirit-sponsored sailing voyage. On 1st July, three young people from the project joined a crew setting sail on the James Cook from North Shields with Ocean Youth Trust North. They spent the weekend on the boat, living and working with other young people and adults, learning the rudiments of sailing, seeing dolphins and having fun.

Research has shown that being in blue spaces (like the sea) can enhance wellbeing and reduce stress, as well as helping develop essential life skills such as communication, working in or leading a team. It can help increase self-confidence and resilience.

One of our young people, 15-year-old Danny (not his real name), found the experience of sailing transformative. Despite suffering from anxiety, depression, and a lack of self-esteem, Danny took part in activities with Projects4Change, and began to take responsibility, help out, not use his wheelchair as much, and make new friends. He also developed a love of the outdoors. Although Projects4Change staff had observed these changes, they were still surprised when Danny jumped at the chance to go on



the residential sailing trip.

During the trip he pushed himself, testing his capabilities and surprising himself and others with his positive attitude. Since then, he has been more sure of his purpose in life, helping other boys to talk about their mental health and do outdoor pursuits, and expressing his ambition to be a youth worker. His progress would not have been so radical without the life-changing experience of sailing.

The positive change in Danny is visible. He recovers from self-doubt more easily and now has forward momentum in his life, an understanding of his challenges and new coping mechanisms.

Counselling in Nature

This case summary highlights the additional value of counselling in the outdoor environment centred primarily within the safe wild garden area of Betty's Hut, Cowgate, Newcastle upon Tyne.

The pilot of Counselling in Nature looked at supporting two young boys, aged 14 and 15, with a previous history of emotional dysregulation, ill health, anxiety and depression. They were both regular participants in many of Projects 4 Change's activities, both at Betty's Hut and various outdoor locations.

The young people presented with thoughts of self-harm resulting from the anxiety of grief and loss and the anxiety of others hurting them, leading to stress, low mood, and lack of self-esteem.

Being around Betty's Hut was their 'safe place', and sitting around the fire pit or, on other occasions, just being outside in all weathers enabled them to talk through feelings.

Outdoor counselling has allowed the young people to make their own informed decisions. The sessions are focused on what they want to talk about on the day, such as the fear of failing or losing control at school.

Reflecting on the value of this counselling, which supports the ongoing attendance at the Projects 4 Change sessions, demonstrates the value of early, in-depth interventions with these young boys whom we hold in such high esteem for the effort and enthusiasm they have put into working through their emotions to gain a better standard of wellbeing.

Spotlight on our workers

Tim, Youth Work Co-Ordinator/Counsellor

"I grew up in Newcastle upon Tyne and understand the problems local young people face. I genuinely care and want to make a difference working with young people from all backgrounds. I am from a 'disadvantaged background', and although I do not let this hold me back, it gives me empathy with young people; I want to inspire them to achieve their full potential.

"I am a full member of the Mountain Training Association, a qualified Instructor with Archery GB and a Registered Member of the British Association for Counselling and Psychotherapy working predominantly with young people.

"I bring to my Youth Co-ordinator and Counselling role a good understanding of cultures, specifically Arabic culture, as well as knowledge of school and youth prison systems. I bring over 40 years of experience with me as well as the commitment, effort and enthusiasm to make a difference to young people."



sailing the North Sea to name but a few.

The biggest highlight for me has been seeing how much of an impact the project makes on the lives of the young people who engage. Watching them learn things about themselves while embarking on new unfamiliar experiences and the resilience and determination they have shown along the way has been incredible.

The support the young people have for each other reflects the safe and supportive environment that the staff at the project have created. Betty's Hut is a real community unto itself, it is exceptionally special, and I shall miss it terribly!"

A year with Projects4Change ... Adele

"I was lucky enough to be employed by the project in October 2022. Over the year I spent with them I have had the honour of working with scores of young people from Cowgate estate and the surrounding areas.

In my short time working with the project, I have had many unforgettable experiences all credit to the young people I was working with. From weekends exploring in Northumberland to days spent in school with the YAK project and

Personal milestones & achievements



It's academic

We were very proud of one of our young people, Shannon, who achieved a 2.1 degree in Youth and Community Work Studies from Sunderland University.

Congratulations, Shannon, from all the staff team, committee members and young people! The future is looking very bright for you indeed.

Art and activism

After completing her Level 2 Youth Work course, Anna, an ex-Change Maker and young person from Cowgate, went on to study Fine Art at Sunderland University. She decided to merge her love of art with activism by working with us as an artist and youth worker, creating her 2nd year piece on the reaction of local young people to the loss of their skatepark.



Well done, Anna, for speaking your truth and standing up for local young people.

Elisha does us proud



Elisha – who has been with us for around four years, basically since the start of the project – turned 21 this year! During her time with us, we have watched her turn from a Change Maker Volunteer (CMV) to a creative, supportive and fun-loving youth worker. She really stepped up to support our CMVs to organise the Jubilee Celebrations. Thank you, Elisha!

Zoe's creative adventure

After supporting Zoe to successfully apply for a Goethe Institute scholarship, Elisha escorted her to the airport in London to catch a plane! Zoe was about to embark on a 7-day art exchange project in Berlin and London called Exchange2Change. This is a programme for young people aged between 14 and 17, during which they collaboratively develop a creative project, partly virtual and partly during stays in Berlin and London. The idea is that “through workshops on project-related topics, the participants gain an insight into artistic professional fields, so that the exchange can also serve as a professional internship.” A week in the German capital was followed by four days in London at the Institute’s base at Princes Gate. The costs of the exchange are covered in full by the Friends of the Goethe-Institut Unit-



ed Kingdom and the educational initiative GIMAGINE. Elisha and Zoe’s travel to London, and Elisha’s accommodation were covered by Projects4Change.

This was such an amazing opportunity and we were beyond excited to learn about all Zoe’s adventures. She returned full of confidence, having developed her outlook on life during the experience.

Well done, Zoe, and a big shout out to Elisha for helping make this happen!

Les spreads his wings

Kelly met Les when she was working as a detached youth worker in Cowgate in January 2019. Over the years, he became an important asset to the project, a co-worker and a friend. He went from experiencing homelessness, to spending a year at Abernethy Adventure Leadership Course in 2020-2021, to 18 months as a part-time youth support worker with Projects4Change. Then he gained a post in Avon Tyrell with UKYOUTH doing outdoor leadership, which made everyone at the project very proud. He worked there for the summer before returning to continue his work with us, putting his newfound experience into practice.



Financial Review

The Trustees are responsible for the preparation of accounts. An audit is not required for this year under section 144(2) of the Charities Act 2011 and an Independent Examination was carried out in accordance with General Directions given by the Charity Commissioners.

Receipts & Payments Account 1 April 2022 to 31 March 2023

	Notes	Unrestricted	2022 - 23 Restricted	Total £	2021-22
Receipts					
Grants & Donations	4	47738	65782	113520	100750
Total Receipts		47738	65782	113520	100750
Payments					
Salary Costs		32102	25776	57878	53491
Capital Project			26730	26730	15183
Youth Training		435		435	1683
Activities, Materials and Resources		8424	3256	11680	9430
Sweatshirts		563		563	138
Subsistence and Refreshments		3593		3593	3317
Betty’s Hut Operating Expenses		1126		1125	1218
Unfolding Theatre			8382	8382	
Totem Pole		1300		1300	
Motor and Travelling Expenses		608	2100	2708	3510
Media Expenses		87		87	96
Insurance		208		208	208
Postage and Stationery		547		547	249
Accountancy		280		280	275
Subscriptions		200		200	198
Sundries		282		282	162
Depreciation				0	0
Total Payments		49755	66244	115999	89158
Surplus/Deficit for the period		-2017	-462	-2479	11592
Transfer Between Funds		0	0	0	0
Funds at 1 April 2022		46347	14680	61027	49435
Total Funds at 31 March 2023		44330	14218	58548	61027

Grants Received	£
Unrestricted	
Ballinger Trust	£10000
Patchwork	£2000
Connected Voice (Cost of Living)	£4000
Garfield Weston Trust	£20000
Edge North East	£1000
UK Youth (Cost of Living Fund)	£10000
Other donations	£738
Total Unrestricted Grants	£47,738
Restricted	
Lifetime Training	£500
Rise North East	£1750
Streetgames North East	£1971
Monkfish Productions	£2500
The Unfolding Theatre	£9932
Northumbria Police Crime Commissioner	£1000
Key Fund-Change Makers Volunteers	£6953
Action for Children	£6718
New Writing North East	£4000
LGA Foundation (Toastie Club)	£3000
LGA Foundation (12 Days of Christmas)	£1500
Community Foundation Tyne & Wear and Northumberland: Wellesley Trust	£9218
Youth Investment Fund (Planning Grant)	£16740
Total Restricted Grants	£65,782
Total Grants and Donations Received	£113,520
Total Salary and NI costs for the year: £57,878	
Total cost for the independent examination for the year: £300	
Current liabilities - PAYE (HMRC) creditor: £2,414	



	Balance 01/04/22	Income	Expenditure	Balance 31/03/23
Restricted Funds				
Lifetime Training	0	500	500	0
Streetgames Grants	0	1971	1971	0
Rise North East	0	1750	1750	0
Monkfish Productions	0	2500	2500	0
Unfolding Theatre	0	9932	9932	0
Northumbria Police Crime Commissioner	500	1000	500	1000
Ernest Cook Trust	5110		5110	0
Key Fund - Change Makers Volunteers	1000	6953	7953	0
Action for Children	0	6718	6718	0
Newcastle City Council-Change Makers	6070		6070	0
New Writing North East		4000		4000
LGA Foundation (Toastie Club)		3000	3000	0
LGA Foundation (12 Days of Christmas)		1500	1500	0
Community Foundation Tyne & Wear and Northumberland		9218		9218
Capital Projects - Betty's Hut				
LGA Foundation	2000		2000	0
Youth Investment Fund (Planning Grant)	0	16740	16740	0
Total	14680	65782	66244	14218
Unrestricted Funds	46347	47738	49755	44330
Total Funds	61027	113520	115999	58548

Delivery Partners 2022-23



Funders



Thank you

Lastly, a special thank you to the following people for their guidance, support and assistance during this difficult year. Your help is hugely appreciated.



- Andy Ditchburn and the team at Perro
- David Coates - Accountant
- Wayne Dobson - High Tide Adventure Company
- Emma Thompson - Robson Laidler Accountants
- Rick Bowler - Professor Sunderland University Youth Work
- Rico - Dynamix State Park
- Chi Onwurah - Newcastle Upon Tyne MP
- Glenn Pendleton - NCAT
- Alison Flannagan Wood - NCC Arts Team
- Will Benson - Kids Cabin
- Annie and the team at The Unfolding Theatre
- Una and the Team at the Key Fund
- Irene Teasdale - Mrs T Café
- Linda Hobson - Blakelaw Councillor
- Karen Colley - Community Champion at Tesco
- Alison Ni Charraighe - Professor Childhood Studies Northumbria University
- Alan Wear - NCC
- Nicola Lynch - Artist
- Melanie Kyles - Artist
- Claire and the team at Monkfish Productions.
- Andi, Lynn and all the staff at The Patchwork Project.
- Julia and the staff at Children North East
- Caroline and the staff at Action4Children

PROJECTS 4 CHANGE

The Cowgate Centre
Houghton Avenue
Newcastle upon Tyne
NE5 3UT

E: kelly@projects4change.org
M: 07946 314 037

www.projects4change.org

Registered Charity Number: 1181162